Heather's Holistic Health
MASSAGE STA YOGA ACUTUNCTURE

Date: \_\_\_\_\_

Massage Form

<u>Client Information</u>		
Name:	DOB:	
Occupation:		
Street Address:		
City:	State:	Zip Code:
Phone:	Email:	
How did you hear about us? (Circle o	ne)	
Our website Sign Brochure	Event Women's Journal	Google Facebook
Twitter Yelp Newsletter Referral:	Family/Friend	Gift Certificate Other
In case of EMERGENCY, please 1	notify:	
-	-	Relationship:
Questions (Please circle and specify in		-
	······································	
1. Do you prefer quiet massage or to engage in conversation		
2. Have you ever had massag		Yes/No
-	you like to have worked on?	
4. Are there any areas that should be avoided?		Yes/No
5. Have you ever had surgery		Yes/No
Date/type of last surgery _		
6. Do you have any long-tern	n illnesses?	Yes/No
7. Are you under a doctor's/c	hiropractor's care?	Yes/No
8. Do you have headaches?		Yes/No
9. Do you grind your teeth at	night?	Yes/No
10. Do you suffer from TMJ (j	aw pain)?	Yes/No
11. Do you suffer from allergie	es?	Yes/No
12. Do you have any open sore	es/rashes?	Yes/No
13. Do you have chronic pain/	arthritis?	Yes/No
14. Do you have varicose veins	s/blood clots?	Yes/No
15. Do you have heart problem	18 <sup>2</sup>	Yes/No

16. Are you pregnant?	Yes/No
17. Do you have diabetes?	Yes/No
18. Do you have HIV/AIDS?	Yes/No
19. Have you ever broken any bones?	Yes/No
20. Have you suffered any sprains/strained muscles?	Yes/No
21. Do you smoke?	Yes/No
22. Do you have asthma?	Yes/No
23. Are you sensitive to any oils or scents?	Yes/No

I have completed this information to the best of my knowledge. I understand that massage services are designed to be a health aid and are in no way to take the place of a doctor's care. Information exchanged during any massage session is educational in nature and is intended to help the therapist to become more familiar and conscious of your health status. All information is private and confidential.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_